

# Carlin Armstead

[REDACTED] | armstead.carlin@gmail.com | COLUMBUS, OH

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## Summary

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Highly skilled and detail-oriented professional with 9 years of experience working in the journalism field as a newspaper Copy Editor, 8 years as a Mental Health Specialist, and 4 years as an Educator. Effective at gathering information, planning and executing media strategies through the use of writing/editing skills, and building positive rapport with clients and colleagues.

## Experience

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Quandell Communications, LLC | Columbus, OH  
CEO and Owner, Independent Contractor | 05/2020 - Present

- Created, edited, and proofread books and other written materials for publishing

Columbus City Schools | Columbus, OH  
Guest Educator | 09/2019 - Present

- Provided classroom instruction, while maintaining academic and behavioral school expectations to improve learning for students

Minority Behavioral Health Group | Akron, Ohio  
Mental Health Case Manager | 08/2009 - 08/2017

- Coached clients on the development of coping skills to improve social functioning and facilitated individual/group interventions to enhance therapeutic treatment goals/objectives

The Canton Repository | Canton, OH  
Copy Editor | 09/1999 - 01/2009

- Collaborated with editorial staff on story selection/placement, edited newswire stories for publication, and published website editorial content

## Skills

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Communication skills, Customer service, Teamwork, Problem Management

## Education

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Ohio University | Athens, Ohio  
Journalism | 08/1998

- Graduated with Bachelor of Science with an emphasis on Broadcasting